



SAINT ROSE
CATHOLIC SCHOOL

Pursuing excellence in faith, knowledge, and virtue.

St. Rose Catholic School Mission Statement

Saint Rose Catholic School partners with parents to provide a high-quality Catholic education with academic excellence in a faith-filled community for children in preschool through eighth grade.

Easter Prayer

Dear God, Thank you for giving us such good gifts.
For our families who love us and for good food and tasty drink.
For so many different beautiful animals and for parks with tall trees and soft grass.
For the birds that fly among the clouds.
For seas and streams that are fun to paddle in.
Thank you for your son, Jesus.
We like to read about him in the bible.
He taught his disciples about you and healed people who were sick.
He walked on water and even died and came back to life.
Help us to remember all the things he did and celebrate him on this special day.

Amen

Message From the Principal

The month of March was a stressful and busy time for many of the faculty, staff, and administration of St. Rose Catholic School. Aside from the “normal events” of working in a school, there were added items such as Lent, uncertainty surrounding masking vs. no masking mandates, and our Western Catholic Educational Association (WCEA) Accreditation visit. I am happy to say that it is beginning to feel like some items are settling, and the focus can be more on Lent and the students.

The focus and mantra of WCEA is “continuous school improvement focused on high achievement of all students.” Throughout the accreditation process, St. Rose Catholic School faculty and staff have completed a rigorous self-study of the school’s programming and written an action plan based on critical goals that we have identified. Our list of critical goals was

reaffirmed by the visiting committee. **During our “Action Plan Timeline” (which begins in the Fall of 2022 and ends in the Spring of 2025), we will be focusing on our three identified critical goals:**

- **Establish a formal rubric and assessment to ascertain student understanding and application of SLE’s.**
- **Establish a systemic process to review and analyze a variety of assessment data in order to effectively differentiate instruction.**
- **Create and implement a comprehensive professional development plan for teachers to address the varying learning and social-emotional needs of students.**

I look forward to the opportunity to tackle our goals and improve upon an already outstanding experience at St. Rose Catholic School.

I also value the feedback from the primary educators of our children, the parents of St. Rose Catholic School. Each Spring, I send out a Parent Satisfaction Survey. I do this not just to “check off a box” and pretend that I am listening but gathering authentic feedback from you to inform future decision-making. While there was plenty of positive feedback on the 2020 - 2021 Parent Satisfaction Survey, there were so stakeholder identified areas to look into. As usual, we took the five areas that seemed to occur most often and looked into how we could begin to address them (if reasonable and in the school's mission). The top focus points from last year’s survey were:

1. Spanish program: have a teacher in the classroom who can teach the subject and use Rosetta Stone as a supplement.
2. Playground: repair or replacement of the current blacktop.
3. Recess: additional supervision on the playground during elementary school recess.
4. Extra-Curricular opportunities: bring back after school athletics and clubs.
5. Communication: improvement in quality and quantity of communication from classroom teachers to parents.

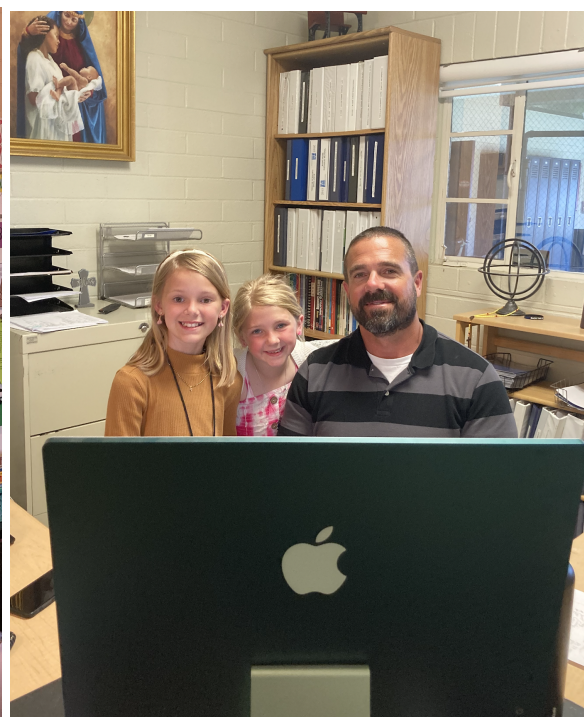
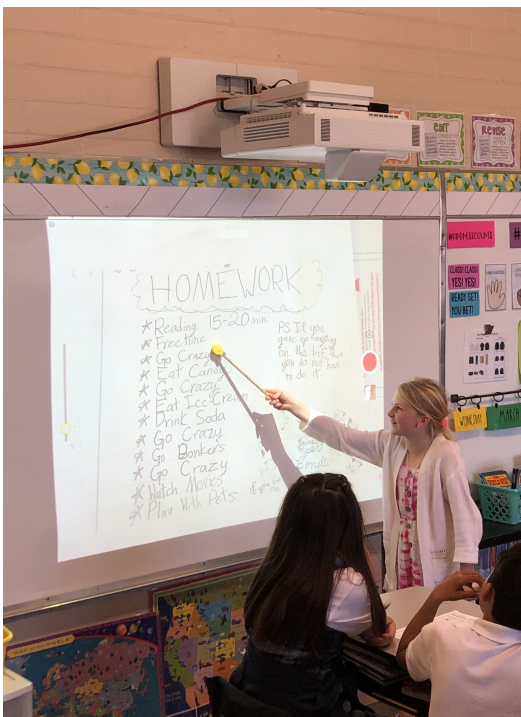
I have included a section in this year’s survey to obtain feedback on how you feel we have addressed some of the identified areas from last year’s survey. **Please take the time to complete our [2021 - 2022 Parent Satisfaction Survey](#) by noon on Friday, April 8. Students from families who do COMPLETE the survey by noon on Friday, April 8, will receive a free dress day on Tuesday, April 12.**

New Items/Upcoming Events

Social Media Student and Parent Assemblies: Thank you again to Eileen Calandro for her social media/digital citizenship presentations to students and parents. Eileen provided our school community with four assemblies: 1st through 3rd and 4th through 6th-grade age-appropriate assemblies, a “general parent” assembly open to families with children in grades Pre-K through 6th grade, and a 7th and 8th-grade student and parent night. Students who attended AND whose parents attended the parent night(s) should have received an email on Monday notifying them that their children would receive free dress on Thursday, March 31. I plan to run every year or every other year social media/digital citizenship awareness event for students and families. **Please see the end of this newsletter for more information and resources for parents relating to digital citizenship and parenting children on social media.**

26th Annual St. Rose Catholic School Dinner Auction: Thank you to all who supported our 26th Annual Dinner Auction! We appreciate all involved, from those who put the event together to those who purchase tickets to support the school. While a virtual auction is not the “ideal” it went very well, and I know many families made the best out of an unusual situation. **I am thrilled to announce a net profit of roughly \$195,000.00 from the auction! If we include “Principal’s Fund” donations before the event, that number jumps to approximately \$209,000.00 net.** This is an incredible number for any auction, particularly where there was no actual “event” to attend. **I can only chalk this up to the work of the amazing team of organizers and volunteers who put the auction together and the generosity of the St. Rose Catholic School community and friends of St. Rose Catholic School. Thank you to everyone who made this possible!**

Principal for the Day: On Wednesday, March 23, I was able to take a step back from my duties and host Piper and Phoebe Bonelli as “Co-Principals of the Day”. The Bonelli girls were able to assume my responsibilities due to obtaining a live auction item from this year's dinner auction. Throughout the day, the girls hosted “wake up music” in the parking lot, joined me in running two meetings with a contractor who will be working on our fences over Easter Break and our superintendent, ran a fire drill, sent out some “important” emails, purchases lunch for their classmates, hosted a lunchtime “dance party”, and even substitute taught in the afternoon. It was quite a day, to say the least. Piper even taught me something during the day. When a staff member asked her if she could take care of something, her response was along the lines of, “I’m busy doing all kinds of important principal things. Why don’t you take care of this yourself?” Needless to say, she may have just taught me the secret of being a principal that had never dawned on me yet? While visiting classes, I do believe that a question stumped both Piper and Phoebe when Kindergarten student Cash Negranti asked, “How can you even be principal if you don’t know everyone’s names”? Good question, Cash, and I think that was the only question that Principals Bonelli could not come up with an answer for!



2021 - 2022 School Staffing: St. Rose Catholic School currently has positions available for a **Kindergarten teacher and a K - 5 classroom teacher's assistant**. Ms. Roza will not be leaving the school, but her services will be reallocated (as was the plan this school year) to others areas of the school. I tried unsuccessfully to hire another classroom assistant for this school year. I interviewed for the position but want someone who is the right fit. I am once again opening this position up. If you are anyone you know is interested in joining the team at St. Rose Catholic School, please go to [Edjoin](#) to view the postings.

2022 Stampede to Race and Read: Be on the lookout for information regarding our 2022 "Stampede"! This is a fun event where students exercise and read, all in the name of education and raising money for their school. **This event will run during April, with the "day of event" on Friday, April 29.** Join us in the fun!

Student Acknowledgements: St. Rose Catholic School children continue to excel in many areas of their education. Recently, two of our middle school students, **Kate Harrington and Emma Chandler**, [won American History essay awards](#) hosted by the local chapter of the Daughters of the American Revolution. Additionally, our **middle school girls basketball team capped off their first-ever undefeated season and won the Coast Valley League Championship (CVPL) game in dominating fashion with a 59 - 17 victory over runner up Cayucos. Not to be outdone, our boys' basketball team took 3rd place in the ten school CVPL.**



Old Items/Reminders

PTO General Meetings: What is the PTO, you might ask? How do I get involved with the PTO? These are questions I hear from time to time, and I'll do my best to answer some of these questions right now.

The PTO (Parent Teacher Organization) is an independent organization for parents and teachers with its operating budget. The PTO aims to benefit the education and development of all students and staff and foster communication with families, and host community-oriented events. All families are already members of the PTO; however, if you want to get more involved with PTO, you may reach out to Irene Huggins (PTO President) at ihuggins@saintrosecatholicschool.org or Jennifer Roden (PTO Vice President) at jnnfr5746@yahoo.com.

Until the time feels right to have PTO General Meetings in person, we will be hosting them on Zoom at the following link:

Join Zoom Meeting

<https://us02web.zoom.us/j/3527193171?pwd=ZHZtY0ZCQXVjSTQ3cG1HOVMrZWlWQT09>

Meeting ID: 352 719 3171

Passcode: 8052380304

Our next PTO General Meeting will be held on Tuesday, April 12 @ 6:00.

Meet the Staff

Once again, thank you to our Leadership Class for spearheading the effort to introduce all our school staff to the larger St. Rose Catholic School community!

Lori Chamberlain: Meet Mrs. Lori Chamberlain, St. Rose's Preschool Director! Mrs. Lori sent her daughter to St. Rose's Preschool, and after substituting here, she decided to apply. Mrs. Lori has worked at St. Rose for the past 12 years and loves the school because of how it feels like a second family. Mrs. Lori's favorite color is green, and she loves to be outdoors. She loves visiting Montana and Maui, Hawaii. Something you may not know about Mrs. Lori is that she is older than she looks!



Mark Luna: Meet Mr. Luna, St. Rose's IT! This is Mr. Luna's third year at St. Rose. He came to St. Rose because he wanted his daughters to have the best education in the area. When he enrolled them at St. Rose, he learned that the school was in need of an IT and Mr. Luna presented himself for the job. He loves St. Rose because of how he is able to work with the great staff and students. Mr. Luna enjoys the beach, mountains, and being with family. Something you may not know about Mr. Luna is that he went to three different colleges, worked at Chick-fil-A, and painted dorms.



April Dates to Remember

Please remember that these dates or times may have to change between the writing of this newsletter and the time of the event. Always be sure to check out our up to date calendar located on our [website](#).

April:

- 1: Stampede to Race and Read Kickoff, School Mass @ 8:30, Reconciliation @ 9:30 - 11:50
- 3: Family Mass @ 10:00
- 4: PTO Board Meeting @ 8:15
- 5: Volleyball A and B home games @ 4:00 and 5:00
- 7: 8th Grade Free Dress, Volleyball A and B away games @ Trinity Lutheran @ 4:00 and 5:00, SAC Board Meeting @ 5:30

8: Lenten Mass @ 8:30 (middle school only), Parent Satisfaction Survey Due, 5th Grade Robot Presentation @ 1:30
 11: Middle School Academic Awards @ 8:00
 12: PTO General Meeting @ 6:00
 13: Minimum Day/Noon Dismissal, No Extended Care, Stations of the Cross @ 10:00, Volleyball A and B away game @ Cayucos @ 4:00 and 5:00
 14 - 24: Easter Vacation
 26: Volleyball A and B home games @ 4:00 and 5:00
 27: Buck A Jeans Day
 28: Volleyball A and B home games @ 4:00 and 5:00
 29: Minimum Day/Noon Dismissal, Stampede to Race and Read, Gospel Awards @ 8:30, Faculty Cluster Meeting @ 1:00, Spirit/Stampede Shirts

Thank you again for your support and efforts in making the St. Rose Catholic School community such a great place for my staff to educate your children!

Trevor



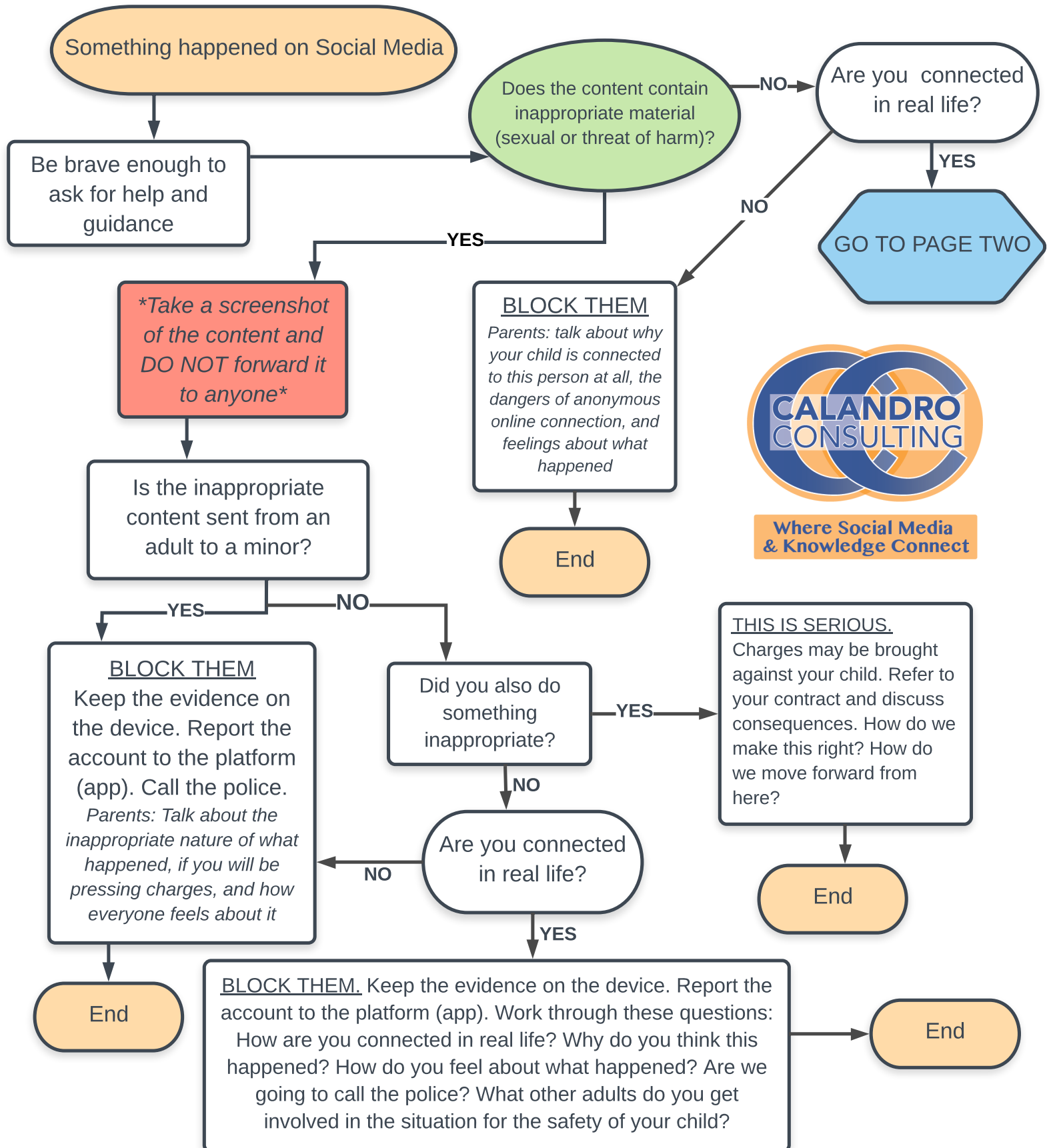
Congratulations to our March Gospel Awards recipients!

Helping Families with Social Media Flowchart

Kids: Take a deep breath, tell an adult you trust that something happened and you need their help.

Work through this flowchart together.

Parents/Adults: Acknowledge this is difficult and encourage your child to be COMPLETELY honest about what happened. Thank them for being brave enough to discuss the situation and ask for help.



Where Social Media & Knowledge Connect

Helping Families with Social Media Flowchart



Where Social Media & Knowledge Connect

PAGE TWO

The content does NOT contain inappropriate material (sexual or threat of harm) AND you are connected in real life

Start by talking about these questions:

How are you connected in real life?
Why do you think this happened? How do you feel about what happened? What is of concern?

The content involves self-harm or drug use

Parents: Contact an adult or professional who can check on and provide for the safety of the child. Reinforce that your child did the right thing by asking for help.

The content involves other concerning behaviors

The content is mean

Figure out WHY the content is mean: The content says mean things about me. The content says mean things about someone I care about. I feel left out of a group when I see the content. The content is working to make me feel bad about myself.

Did you contribute to being mean?

YES

Do you want to work to repair the relationship?

YES

Practice what you will say (roleplay). Keep the discussion factual and own your feelings: (When you ____ I feel ____ because ____.) Work towards a solution for future behaviors and expectations: (In the future can we agree to ____?)

Choose as many of these options as desired:

- Block the person
- Take a break from social media completely
- Use social media less and occupy your energy and time with _____
- Promise that when/if this happens again you will _____
- Make a list of what you learned from this situation for reference later
- Discuss and list what TRUE friendship looks/acts like

Talk about how everyone feels about what happened. Discuss what to do and not to do in real life and online in the future.

End

Parents/Adults: You have the right to set boundaries around technology and this is proven to help kids thrive in the online world. Create a contract and discuss expectations for online and in-real-life behavior. Put consequences in place and follow through with them to manage the space and create accountability. If children behave poorly online, it doesn't mean you're a bad parent. Sure, we feel bad about it, but it doesn't mean WE are bad and our kids aren't bad either. Kids make poor choices and behave negatively online and in real life. We ALL do. Use the situation as an opportunity to learn together and guide children to appropriate behaviors.

Kids: Social Media and technology are tools to help you navigate in the real world and be connected with others. Use it as if whatever you say or do in the online world will be tattooed on yourself for the rest of your life, because it will be. Content doesn't get deleted, it just gets stored away where people can't see it quickly. Even if the content can't be retrieved easily, people don't forget what's happened. Your parents love you and want you to be safe. Boundaries are put in place for you so you can thrive and develop into outstanding, responsible adults.

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HELPFUL INFORMATION

Sites to help you parent your digital citizens:

One of the best resources for parents: <http://www.common sense media.org/>

Another excellent resource: <https://www.screenagersmovie.com>

<http://www.net smartz.org/Parents>

<http://www.i keepsafe.org/>

<https://www.fosi.org/>

<http://digizen.org/>

<http://www.cyberwise.org/>

Social Media survey and data informational site: <http://pewinternet.org/>

Sites that make a positive difference using the power of Social Media

<http://www.do something.org/>

<http://www.volunteermatch.org/>

<https://www.biddingforgood.com/auction/biddingforgood.action#>

<http://www.alex slemonade.org/campaign/national-lemonade-days>

Phone monitoring tools: teensafe, unglue, circle, netnanny, bark

Books about Digital Citizens and Using Social Media:

iRules by Janell Burley Hofmann

Raising Humans in a Digital World by Diana Graber

The Winter of our Disconnect by Susan Maushart

The Shallows –What the Internet is Doing To Our Brains by Nicholas Carr

Unselfie by Michele Borba and **Screenwise** by Devorah Heitner

Parenting Kids on Social Media



Things You Can Do RIGHT NOW to Parent Your Kids on Social Media (even if you aren't on social media yet)

- **Model and/or expect polite cell phone use** -Keep cell phones away from the dinner table * *NEVER USE IT WHEN DRIVING* * put your phone down when you talk with someone * don't accept calls or texts when talking with someone * create other boundaries for your family
- **Move cell phone chargers to a public space so cell phones "go to sleep" at a certain time** -Teens (adolescents) need uninterrupted, "unplugged" sleep -and adults do, too!
- **Find a way to connect with your child about media** -Surf through their Instagram stream *together* * watch funny youtube videos *together* * listen to an entertaining podcast *together* * look at an intriguing board on pinterest *together*
- **If your child is new to social media, know their passwords on their accounts** -You may not know how snapchat works, but if your child knows you can tune in at any time, this increases their accountability. This creates "training wheels" as your child begins their exploration into the Social Media world.
- **If your child is on social media already, know what platforms they use** -Just knowing where your child is walking on Social Media creates accountability.
- **Talk with your child about ways they see Social Media being used for good** -Kids see positivity and connection on Social Media all the time. Ask them who they helped today on Social Media or who they saw do something kind in a virtual way.
- **Talk with your child about ways they see people behaving badly on Social Media** -Talking about negative behavior offers opportunities to discuss what could be done differently. Looking at why someone may behave a certain way creates empathy.

Parenting Kids on Social Media





Questions to Start a Conversation About Social Media with your Kids

1. What do you think are the three (two?) best social media platforms? Why?
2. What would you do if a conversation got ugly on social media?
3. Do you think a social media account should be private? Why or why not?
4. Have you ever seen anyone get cyberbullied? What did you do? What did others do?
5. How many of your friends are on social media? What are the popular platforms you use?
6. What do you know about a digital footprint?
7. You know you're not supposed to talk to strangers in real life -what about strangers online?
8. What rules have you made for yourself about how to behave online? Do you follow them?!?
9. What would you change about social media if you could?
10. What makes you laugh when you're on social media?

Parenting Kids on Social Media





Signs of possible cyberbullying

(If they aren't being cyberbullied maybe something else is going on)

1. Hesitant to be online or unexpectedly stops or avoids using the computer
2. Nervous when an Instant Message, text or Email appears (watch your child's response)
3. Visibly upset, angry, or depressed after using the computer or cell phone
4. Hides or clears the computer screen or cell when you enter or doesn't want to talk about online activity
5. Starts using the computer when you're not in the room (a change in pattern)
6. Keeps going back and forth to check screen in shorter spurts
7. Withdraws from friends, wants to avoid school or peer activities or uneasy about going outside in general, pulls away from family members
8. Suddenly sullen, evasive withdrawn, marked change in personality or behavior
9. Trouble sleeping, loss of appetite, excessively moody or crying, seems depressed
10. Suspicious phone calls, e-mails and packages arrive at your home
11. Possible drop in academic performance or falls behind in schoolwork

The key is to look for a pattern in your child. You should not overlook a sudden change that is not your child's "normal" behavior that lasts at least every day for two weeks. But even then, trust your instincts. If you are concerned, don't wait. Talk to them and get help!

Taken from the post:

<http://micheleborba.com/blog/michele-borba-blog-9-signs-of-cyberbullying-you-must-watch-out-for-in-kids/>

Parenting Kids on Social Media

